

# ST Monster Table v1.1

This table shows ST, ST Roll\*, ST-based damage (extrapolated here where not shown on the *Basic Set Damage Table*), BL, encumbrance levels, and maximum weights for feats of strength.  
 \* When rolling against ST in a Contest, as a ST-based skill, in a feat of strength, etc., replace ST with ST Roll to properly reflect relative differences in strength. See [www.gamesdiner.com/stroll](http://www.gamesdiner.com/stroll).

ST	ST	Damage		BL	Encumbrance Levels (lbs.)					ST	Lift					Knock Over		Other		
	Roll	Thrust	Swing	(lbs.)	None	Light	Medium	Heavy	Extra-Heavy	1-hnd, 1 sec	1-hnd, 2 sec	2-hnd, 1 sec	2-hnd, 2 sec	2-hnd, 4 sec	Max Press	Shove	Running Start	Shift/Rock	Pull/ Drag	
1	-24	1d-6	1d-5	0.2	0.2	0.4	0.6	1.2	2	1	0.2	0.4	0.4	0.8	1.6	3	2.4	4.8	10	3
2	-14	1d-6	1d-5	0.8	0.8	1.6	2.4	4.8	8	2	0.8	1.6	1.6	3.2	6.4	12	9.6	19.2	40	12
3	-8	1d-5	1d-4	1.8	1.8	3.6	5.4	10.8	18	3	1.8	3.6	3.6	7.2	14.4	27	21.6	43.2	90	27
4	-4	1d-5	1d-4	3.2	3.2	6.4	9.6	19.2	32	4	3.2	6.4	6.4	12.8	25.6	48	38.4	76.8	160	48
5	0	1d-4	1d-3	5.0	5	10	15	30	50	5	5	10	10	20	40	75	60	120	250	75
6	2	1d-4	1d-3	7.2	7.2	14.4	21.6	43.2	72	6	7.2	14.4	14.4	28.8	57.6	108	86.4	172.8	360	108
7	4	1d-3	1d-2	9.8	9.8	19.6	29.4	58.8	98	7	9.8	19.6	19.6	39.2	78.4	147	117.6	235.2	490	147
8	6	1d-3	1d-2	13	13	26	39	78	130	8	13	26	26	52	104	195	156	312	650	195
9	8	1d-2	1d-1	16	16	32	48	96	160	9	16	32	32	64	128	240	192	384	800	240
10	10	1d-2	1d	20	20	40	60	120	200	10	20	40	40	80	160	300	240	480	1,000	300
11	11	1d-1	1d+1	24	24	48	72	144	240	11	24	48	48	96	192	360	288	576	1,200	360
12	12	1d-1	1d+2	29	29	58	87	174	290	12	29	58	58	116	232	435	348	696	1,450	435
13	13	1d	2d-1	34	34	68	102	204	340	13	34	68	68	136	272	510	408	816	1,700	510
14	14	1d	2d	39	39	78	117	234	390	14	39	78	78	156	312	585	468	936	1,950	585
15	15	1d+1	2d+1	45	45	90	135	270	450	15	45	90	90	180	360	675	540	1,080	2,250	675
16	16	1d+1	2d+2	51	51	102	153	306	510	16	51	102	102	204	408	765	612	1,224	2,550	765
17	17	1d+2	3d-1	58	58	116	174	348	580	17	58	116	116	232	464	870	696	1,392	2,900	870
18	18	1d+2	3d	65	65	130	195	390	650	18	65	130	130	260	520	975	780	1,560	3,250	975
19	19	2d-1	3d+1	72	72	144	216	432	720	19	72	144	144	288	576	1,080	864	1,728	3,600	1,080
20	20	2d-1	3d+2	80	80	160	240	480	800	20	80	160	160	320	640	1,200	960	1,920	4,000	1,200
21	21	2d	4d-1	88	88	176	264	528	880	21	88	176	176	352	704	1,320	1,056	2,112	4,400	1,320
22	21	2d	4d	97	97	194	291	582	970	22	97	194	194	388	776	1,455	1,164	2,328	4,850	1,455
23	22	2d+1	4d+1	106	106	212	318	636	1,060	23	106	212	212	424	848	1,590	1,272	2,544	5,300	1,590
24	22	2d+1	4d+2	115	115	230	345	690	1,150	24	115	230	230	460	920	1,725	1,380	2,760	5,750	1,725
25	23	2d+2	5d-1	125	125	250	375	750	1,250	25	125	250	250	500	1,000	1,875	1,500	3,000	6,250	1,875
26	23	2d+2	5d	135	135	270	405	810	1,350	26	135	270	270	540	1,080	2,025	1,620	3,240	6,750	2,025
27	24	3d-1	5d+1	146	146	292	438	876	1,460	27	146	292	292	584	1,168	2,190	1,752	3,504	7,300	2,190
28	24	3d-1	5d+1	157	157	314	471	942	1,570	28	157	314	314	628	1,256	2,355	1,884	3,768	7,850	2,355
29	25	3d	5d+2	168	168	336	504	1,008	1,680	29	168	336	336	672	1,344	2,520	2,016	4,032	8,400	2,520
30	25	3d	5d+2	180	180	360	540	1,080	1,800	30	180	360	360	720	1,440	2,700	2,160	4,320	9,000	2,700
31	26	3d+1	6d-1	192	192	384	576	1,152	1,920	31	192	384	384	768	1,536	2,880	2,304	4,608	9,600	2,880
32	26	3d+1	6d-1	205	205	410	615	1,230	2,050	32	205	410	410	820	1,640	3,075	2,460	4,920	10,250	3,075
33	27	3d+2	6d	218	218	436	654	1,308	2,180	33	218	436	436	872	1,744	3,270	2,616	5,232	10,900	3,270
34	27	3d+2	6d	231	231	462	693	1,386	2,310	34	231	462	462	924	1,848	3,465	2,772	5,544	11,550	3,465
35	28	4d-1	6d+1	245	245	490	735	1,470	2,450	35	245	490	490	980	1,960	3,675	2,940	5,880	12,250	3,675
36	28	4d-1	6d+1	259	259	518	777	1,554	2,590	36	259	518	518	1,036	2,072	3,885	3,108	6,216	12,950	3,885
37	28	4d	6d+2	274	274	548	822	1,644	2,740	37	274	548	548	1,096	2,192	4,110	3,288	6,576	13,700	4,110
38	29	4d	6d+2	289	289	578	867	1,734	2,890	38	289	578	578	1,156	2,312	4,335	3,468	6,936	14,450	4,335
39	29	4d+1	7d-1	304	304	608	912	1,824	3,040	39	304	608	608	1,216	2,432	4,560	3,648	7,296	15,200	4,560
40	30	4d+1	7d-1	320	320	640	960	1,920	3,200	40	320	640	640	1,280	2,560	4,800	3,840	7,680	16,000	4,800
41	30	4d+2	7d	336	336	672	1,008	2,016	3,360	41	336	672	672	1,344	2,688	5,040	4,032	8,064	16,800	5,040
42	30	4d+2	7d	353	353	706	1,059	2,118	3,530	42	353	706	706	1,412	2,824	5,295	4,236	8,472	17,650	5,295
43	31	5d-1	7d	370	370	740	1,110	2,220	3,700	43	370	740	740	1,480	2,960	5,550	4,440	8,880	18,500	5,550
44	31	5d-1	7d+1	387	387	774	1,161	2,322	3,870	44	387	774	774	1,548	3,096	5,805	4,644	9,288	19,350	5,805
45	31	5d	7d+1	405	405	810	1,215	2,430	4,050	45	405	810	810	1,620	3,240	6,075	4,860	9,720	20,250	6,075
46	32	5d	7d+2	423	423	846	1,269	2,538	4,230	46	423	846	846	1,692	3,384	6,345	5,076	10,152	21,150	6,345
47	32	5d+1	7d+2	442	442	884	1,326	2,652	4,420	47	442	884	884	1,768	3,536	6,630	5,304	10,608	22,100	6,630
48	32	5d+1	7d+2	461	461	922	1,383	2,766	4,610	48	461	922	922	1,844	3,688	6,915	5,532	11,064	23,050	6,915
49	32	5d+2	8d-1	480	480	960	1,440	2,880	4,800	49	480	960	960	1,920	3,840	7,200	5,760	11,520	24,000	7,200
50	33	5d+2	8d-1	500	500	1,000	1,500	3,000	5,000	50	500	1,000	1,000	2,000	4,000	7,500	6,000	12,000	25,000	7,500
51	33	6d-1	8d	520	520	1,040	1,560	3,120	5,200	51	520	1,040	1,040	2,080	4,160	7,800	6,240	12,480	26,000	7,800
52	33	6d-1	8d	541	541	1,082	1,623	3,246	5,410	52	541	1,082	1,082	2,164	4,328	8,115	6,492	12,984	27,050	8,115
53	34	6d	8d	562	562	1,124	1,686	3,372	5,620	53	562	1,124	1,124	2,248	4,496	8,430	6,744	13,488	28,100	8,430
54	34	6d	8d+1	583	583	1,166	1,749	3,498	5,830	54	583	1,166	1,166	2,332	4,664	8,745	6,996	13,992	29,150	8,745
55	34	6d	8d+1	605	605	1,210	1,815	3,630	6,050	55	605	1,210	1,210	2,420	4,840	9,075	7,260	14,520	30,250	9,075
56	34	6d+1	8d+2	627	627	1,254	1,881	3,762	6,270	56	627	1,254	1,254	2,508	5,016	9,405	7,524	15,048	31,350	9,405
57	35	6d+1	8d+2	650	650	1,300	1,950	3,900	6,500	57	650	1,300	1,300	2,600	5,200	9,750	7,800	15,600	32,500	9,750
58	35	6d+2	9d-1	673	673	1,346	2,019	4,038	6,730	58	673	1,346	1,346	2,692	5,384	10,095	8,076	16,152	33,650	10,095
59	35	6d+2	9d-1	696	696	1,392	2,088	4,176	6,960	59	696	1,392	1,392	2,784	5,568	10,440	8,352	16,704	34,800	10,440
60	35	7d-1	9d	720	720	1,440	2,160	4,320	7,200	60	720	1,440	1,440	2,880	5,760	10,800	8,640	17,280	36,000	10,800
61	36	7d-1	9d	744	744	1,488	2,232	4,464	7,440	61	744	1,488	1,488	2,976	5,952	11,160	8,928	17,856	37,200	11,160
62	36	7d	9d	769	769	1,538	2,307	4,614	7,690	62	769	1,538	1,538	3,076	6,152	11,535	9,228	18,456	38,450	11,535
63	36	7d	9d+1	794	794	1,588	2,382	4,764	7,940	63	794	1,588	1,588	3,176	6,352	11,910	9,528	19,056	39,700	11,910
64	36	7d+1	9d+1	819	819	1,638	2,457	4,914	8,190	64	819	1,638	1,638	3,276	6,552	12,285	9,828	19,656	40,950	12,285
65	37	7d+1	9d+2	845	845	1														