

ST Monster Table v2

This table shows ST, ST Roll*, ST cost, alternate cost**, ST-based damage (extrapolated where not on the *Basic Set Damage Table*), BL, encumbrance levels, and maximum weights for feats of strength.
*When rolling against ST in a Contest, as a ST-based skill, in a feat of strength, etc., replace ST with ST Roll to properly reflect relative differences in strength. See www.gamesdiner.com/stroll.
** Cost (alt.) is an alternate cost for ST. See <https://www.gamesdiner.com/gurps-better-cost-for-st/>.

ST	ST	Cost	Cost	Damage		BL	Encumbrance Levels (lbs.)					ST	Lift					Knock Over			Other	
	Roll		(alt.)	Thrust	Swing	(lbs.)	None	Light	Medium	Heavy	Extra-Heavy		1-hnd, 1 sec	1-hnd, 2 sec	2-hnd, 1 sec	2-hnd, 2 sec	2-hnd, 4 sec	Max Press	Shove	Running Start	Shift/Rock	Pull/Drag
1	-24	-90	-90	1d-6	1d-5	0.2	0.2	0.4	0.6	1.2	2	1	0.2	0.4	0.4	0.8	1.6	3	2.4	4.8	10	3
2	-14	-80	-80	1d-6	1d-5	0.8	0.8	1.6	2.4	4.8	8	2	0.8	1.6	1.6	3.2	6.4	12	9.6	19.2	40	12
3	-8	-70	-70	1d-5	1d-4	1.8	1.8	3.6	5.4	10.8	18	3	1.8	3.6	3.6	7.2	14.4	27	21.6	43.2	90	27
4	-4	-60	-60	1d-5	1d-4	3.2	3.2	6.4	9.6	19.2	32	4	3.2	6.4	6.4	12.8	25.6	48	38.4	76.8	160	48
5	0	-50	-50	1d-4	1d-3	5	5	10	15	30	50	5	5	10	10	20	40	75	60	120	250	75
6	2	-40	-40	1d-4	1d-3	7.2	7.2	14.4	21.6	43.2	72	6	7.2	14.4	14.4	28.8	57.6	108	86.4	172.8	360	108
7	4	-30	-30	1d-3	1d-2	9.8	9.8	19.6	29.4	58.8	98	7	9.8	19.6	19.6	39.2	78.4	147	117.6	235.2	490	147
8	6	-20	-20	1d-3	1d-2	13	13	26	38	77	128	8	13	26	26	51	102	192	154	307	640	192
9	8	-10	-10	1d-2	1d-1	16	16	32	49	97	162	9	16	32	32	65	130	243	194	389	810	243
10	10	0	0	1d-2	1d	20	20	40	60	120	200	10	20	40	40	80	160	300	240	480	1,000	300
11	11	10	10	1d-1	1d+1	24	24	48	73	145	242	11	24	48	48	97	194	363	290	581	1,210	363
12	12	20	20	1d-1	1d+2	29	29	58	86	173	288	12	29	58	58	115	230	432	346	691	1,440	432
13	13	30	30	1d	2d-1	34	34	68	101	203	338	13	34	68	68	135	270	507	406	811	1,690	507
14	14	40	40	1d	2d	39	39	78	118	235	392	14	39	78	78	157	314	588	470	941	1,960	588
15	15	50	50	1d+1	2d+1	45	45	90	135	270	450	15	45	90	90	180	360	675	540	1,080	2,250	675
16	16	60	60	1d+1	2d+2	51	51	102	154	307	512	16	51	102	102	205	410	768	614	1,229	2,560	768
17	17	70	70	1d+2	3d-1	58	58	116	173	347	578	17	58	116	116	231	462	867	694	1,387	2,890	867
18	18	80	80	1d+2	3d	65	65	130	194	389	648	18	65	130	130	259	518	972	778	1,555	3,240	972
19	19	90	90	2d-1	3d+1	72	72	144	217	433	722	19	72	144	144	289	578	1,083	866	1,733	3,610	1,083
20	20	100	100	2d-1	3d+2	80	80	160	240	480	800	20	80	160	160	320	640	1,200	960	1,920	4,000	1,200
21	21	110	105	2d	4d-1	88	88	176	265	529	882	21	88	176	176	353	706	1,323	1,058	2,117	4,410	1,323
22	21	120	110	2d	4d	97	97	194	290	581	968	22	97	194	194	387	774	1,452	1,162	2,323	4,840	1,452
23	22	130	115	2d+1	4d+1	106	106	212	317	635	1,058	23	106	212	212	423	846	1,587	1,270	2,539	5,290	1,587
24	22	140	120	2d+1	4d+2	115	115	230	346	691	1,152	24	115	230	230	461	922	1,728	1,382	2,765	5,760	1,728
25	23	150	125	2d+2	5d-1	125	125	250	375	750	1,250	25	125	250	250	500	1,000	1,875	1,500	3,000	6,250	1,875
26	23	160	130	2d+2	5d	135	135	270	406	811	1,352	26	135	270	270	541	1,082	2,028	1,622	3,245	6,760	2,028
27	24	170	135	3d-1	5d+1	146	146	292	437	875	1,458	27	146	292	292	583	1,166	2,187	1,750	3,499	7,290	2,187
28	24	180	140	3d-1	5d+1	157	157	314	470	941	1,568	28	157	314	314	627	1,254	2,352	1,882	3,763	7,840	2,352
29	25	190	145	3d	5d+2	168	168	336	505	1,009	1,682	29	168	336	336	673	1,346	2,523	2,018	4,037	8,410	2,523
30	25	200	150	3d	5d+2	180	180	360	540	1,080	1,800	30	180	360	360	720	1,440	2,700	2,160	4,320	9,000	2,700
31	26	210	153	3d+1	6d-1	192	192	384	577	1,153	1,922	31	192	384	384	769	1,538	2,883	2,306	4,613	9,610	2,883
32	26	220	155	3d+1	6d-1	205	205	410	614	1,229	2,048	32	205	410	410	819	1,638	3,072	2,458	4,915	10,240	3,072
33	27	230	158	3d+2	6d	218	218	436	653	1,307	2,178	33	218	436	436	871	1,742	3,267	2,614	5,227	10,890	3,267
34	27	240	160	3d+2	6d	231	231	462	694	1,387	2,312	34	231	462	462	925	1,850	3,468	2,774	5,549	11,560	3,468
35	28	250	163	4d-1	6d+1	245	245	490	735	1,470	2,450	35	245	490	490	980	1,960	3,675	2,940	5,880	12,250	3,675
36	28	260	165	4d-1	6d+1	<																